Dr. Katie Cole, D.O.

Physician & Organizational Wellbeing Consultant

RE-IGNITE
physician engagement & passion

RE-IMAGINE
cultures for retention & resiliency

RE-DESIGN
systems for transformation & profitability

INTUITIVE & SCIENCE-BASED LEADERSHIP FOR HIGH-PERFORMING PHYSICIANS & ORGANIZATIONS

"I believe that by working with physician leaders and healthcare organizations comprehensively, we can positively shift the healthcare landscape to foster engagement and resilience globally."

Affectionately called "The Healer's Healer," Dr. Katie Cole is an award-winning psychiatrist and consultant. Her innovative approach blends positive psychology, strength-based assessments, personal and professional development, and lessons learned from her own experience with burnout.

Dr. Cole's passion for physician and organizational wellbeing and resiliency is fueled by her struggle with feeling burned out in her career. This process led her to identify unique solutions for burnout and find her true passion in medicine: helping healers to heal themselves and the healthcare systems that foster burnout.

2 Million Saved in 6 Months:

Through her holistic approach, Dr. Cole created transformational change in one hospital's organization within months:

- *Engaging more than 200 physicians* through programs focusing on peer support, building community, mindfulness and stress reduction, and ways to cultivate compassion and resilience.

- *Reduced physician turnover by 20%,* successfully created a supportive and collaborative environment, and efficiently optimized physician wellbeing.

- *Reduced hospital costs by over 25%* through streamlining hospital systems and flow, maximized efficiency for staff and physicians while improving quality patient care.

Dr. Cole is board certified by The American Board of Psychiatry and Neurology and pursued additional post-graduate training in Functional and Integrative Medicine, Spiritual Medicine, Transformational Coaching, and Physician Leadership. She is also certified in Neuro Behavioral Programs and has achieved her masters in Reiki Energy Healing.

Schedule a Meeting